

# DESIGNING, SPECIFYING AND CONSTRUCTING WITH MODERN CONCRETE



## OBJECTIVES:

At the end of this workshop participants will be able to:

- Understand what concrete is and why it is used everywhere for construction
- Study the ingredients of concrete and their importance in quality control of concrete
- Learn the chemistry of concrete
- Be able to do simple concrete mix designs
- Learn everything about concrete manufacturing
- Know about testing, inspection and quality control of concrete
- Understand the defects which can occur in concrete at different stages or shortcoming and their remedies
- Study the modern concepts like ready mix concrete, precast and prestressed concrete
- Learn the methods of protection and maintenance of concrete
- Know the safety precautions to be taken while working with concrete
- Understand the concrete prepared for special purposes and the admixtures which can affect the properties of concrete

## WHO SHOULD ATTEND:

- Civil Engineers
- Construction Site Engineers and Technicians
- Architects
- Project Engineers
- Structural Designers
- Consulting Engineers
- Maintenance Engineers and Technicians
- Maintenance Planners
- Construction Supervisors



## THE WORKSHOP

Concrete is everywhere! In pavements, building structures, foundations, motorways/roads, overpasses, parking structures, brick/block walls and bases for gates, fences poles and many more. Concrete is used more than any other man-made material on the planet. It has been said that instead of naming our era "The Nuclear Age" it should be named "The Concrete Age" as almost all of our modern lifestyle and constructions depend on this material.

This two-day workshop covers the manufacturing, designing and maintaining of concrete. It includes the details about ingredients and its quality, quantity and effect on the final product of concrete. Concrete designing, its specifications, standards and codes and the concrete mix design is discussed in detail along with various procedures and precautions on field manufacturing of concrete. The defects, investigations and the remedial measures and repairs are covered in detail and the modern concepts like ready mix concrete, precast and prestressed concrete and their applications are also reviewed.

The basics from ingredients of concrete to repair and maintenance is covered throughout the workshop and would be very useful to every technician who works with concrete. The methods of design are discussed here which can help the engineers, architects and designers to design the most effective final product of concrete.

### PRE-REQUISITES

No specialist knowledge or skills are required - only a technical background so that there is an understanding for simple terminologies like reinforcement.

This workshop is a good introduction to someone who has had no dealings with concrete or any kind of construction in the past as well as an important refresher for concrete specialists who benefit from the back-to-basics approach.

## ON-SITE TRAINING

- ✓ **SAVE** over 50% by having an IDC workshop presented at your premises.
- ✓ Customise the training to **YOUR** workplace.
- ✓ Have the training delivered when and where you need it.

Contact us for a **FREE** proposal.

## THE PROGRAM

### DAY ONE

#### UNDERSTANDING CONCRETE

- The history of concrete
- Main constituents of concrete and their characteristics
  - Cements
  - Aggregates and mineral additions
  - Water
- Chemistry of concrete
  - Cement - chemical properties
  - Hydration of cement
- Characteristics of concrete
  - Strength
  - Durability
  - Workability
  - Permeability
- What makes concrete develop strength?
- What makes concrete durable?
- Deterioration - common reasons
  - Related to ingredients - chlorides, sulphates and aggregate-alkali reaction
  - Related to climate - temperature (hot/cold) and humidity
  - Related to manufacturing and workmanship - mixing, transportation, compaction, cold joints and large mass

#### DESIGN OF CONCRETE WITH REQUISITE STRENGTH

- Standard specifications, codes and guidelines
- Concrete mix design - the fundamentals
  - Target strength
  - Cement content
  - Aggregate sizing
  - Water cement ratio
- Mix design procedures
- Specification development
  - Mandatory requirements
  - Durability parameters
- Investigating defects

#### CONCRETE MANUFACTURING

- Raw material - storage and handling
- Concrete mixing and production
- Transportation of concrete
- Dealing with temperature
- Formwork and its influence on durability
- Placement of fresh concrete
- Treatment to joints
- Consolidation and compaction procedures
- Curing and care of green concrete

#### TESTING, INSPECTION AND QUALITY ASSURANCE

- Laboratory and full-scale trial mixes
- Quality assurance
  - Processes
  - Acceptance criteria
- Sampling and testing of ingredients
- Sampling of concrete
- Tests on hardened concrete
- Analysis of concrete
- Non-destructive testing methods for concrete

### DAY TWO

#### READY MIXED CONCRETE

- Advantages
- Types of RMC
- Specifications and tolerances
- Quality assurance
- Production and transportation

#### CONCRETE ADMIXTURES

- Benefits of admixtures
- Types of admixtures
  - Water reducing admixtures
  - Plasticisers
  - Accelerator
  - Retarder
  - Air entraining agents
  - Property enhancing admixtures
  - Water proofing agents

#### CONCRETE - SHORTCOMINGS

- Cracking
- Cracking and shrinkage
- Creep

#### PROTECTION OF CONCRETE - ABRASION, CORROSION AND CHEMICAL ATTACK

- Designing a protection strategy
- Surface preparation
- Improving abrasion and wear resistance
  - Design and construction techniques
  - Hardeners
  - Coatings and toppings
- Protection against corrosive environments
  - Sealers and coatings
  - Toppings and linings
  - Cathodic protection and metallising
- Preventive maintenance and monitoring

#### CONCRETE REPAIR

- Inspection and investigation
- Procedures of repair or replacement
  - Pressure grouting
  - Shot crete
  - Encasing
- Demolition of old concrete
- Repair of delaminated structure

#### SPECIAL PURPOSE CONCRETE

- High strength concrete
- Fiber reinforced concrete
- Cellular concrete
- Polymer concrete

## PRACTICAL SESSIONS

This is a practical, hands on workshop enabling you to work through practical exercises which reinforce the concepts discussed during the workshop.

